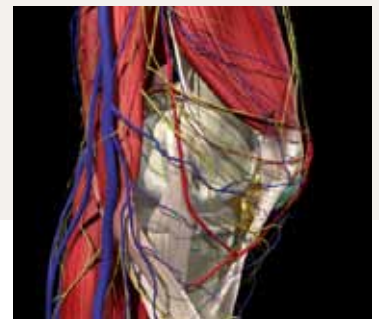




# RECENT ADVANCES IN CLINICAL SPORTS MEDICINE: *knee & hip*

SATURDAY NOVEMBER 21, 2009  
VANCOUVER CONVENTION CENTRE (EAST BUILDING)  
999 CANADA PLACE, VANCOUVER, BC



## ATTENDING THIS COURSE WILL CLARIFY:

- 1 The initial history of knee and hip injuries/conditions, from presentation to the all-too-common sequelae of osteoarthritis.
- 2 The initial presentation of acute knee injury with particular consideration of infrequent but important diagnoses that should not be missed.
- 3 The treatment for acute knee injuries including conservative and surgical options.
- 4 The preferred rehabilitation approach for the acutely injured knee.
- 5 Strategies to prevent acute knee injuries.
- 6 The identification and management of important hip joint conditions.
- 7 An understanding of the indications and options for surgical management of knee and hip osteoarthritis.
- 8 The rehabilitation of osteoarthritic knees and hips both before and after surgery.

## ACCREDITATION:

This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for 6 MAINPRO-M1 credits.

*Advanced registration is required*

## PRESENTING SPONSORS



# RECENT ADVANCES IN CLINICAL SPORTS MEDICINE: *knee & hip*

## WHO SHOULD ATTEND?

GPs, Sports Medicine Doctors,  
Physiotherapists, Sports Injury  
Orthopods

## REGISTRATION OPENS...

at 7:30 am. Please arrive in time to pick  
up your nametag and syllabus prior to our  
8:30 am start!

## VISIT WITH OUR EXHIBITORS

Coffee and muffins available upon arrival.

## ACCREDITATION

This program meets the accreditation  
criteria of the College of Family Physicians  
of Canada and has been accredited for 6  
MAINPRO-M1 credits.

*Advanced registration is required*



Presented by the Allan McGavin Sports Medicine Centre

**DATE:** Saturday November 21, 2009

**TIME:** 7:30 am to 5:00 pm

**PLACE:** Vancouver Convention Centre (East Building)

999 Canada Place, Vancouver, BC

# THE SCHEDULE

## Morning Session

### Natural History of Traumatic Knee Injuries

*Moderator: Dr. Jack Taunton*

- |       |  |       |  |
|-------|--|-------|--|
| 08:30 | <b>Welcoming remarks and introduction</b>  | 10:45 | <b>Post-op rehabilitation through to return to play</b><br>Thomas Tran               |
| 08:40 | <b>Initial presentation knee injury including Do Not Miss Diagnoses</b><br>Dr. Garth Hunte                             | 11:00 | <b>Prevention of acute knee injuries</b><br>Scott Fraser                             |
| 09:00 | <b>Initial care-essential basic rehabilitation</b><br>Patrick Dessaulles   | 11:15 | <b>Q &amp; A</b>   |
| 09:20 | <b>Treatment options for ACL deficient knee including activity modification, brace, surgery</b><br>Dr. Rob Lloyd-Smith | 11:25 | <b>Post-traumatic OA: the frequent sequelae of knee injuries</b><br>Dr. Navin Prasad |
| 09:35 | <b>Surgery for the ACL deficient knee</b><br>Dr. Patrick Chin  | 11:45 | <b>Rehabilitation for post-traumatic OA</b><br>Bruce Clark                           |
| 09:55 | <b>Surgery for associated injuries: meniscal repair/debridement/transplant, osteochondral</b><br>Dr. Simon Horlick     | 12:05 | <b>Post-traumatic OA: surgical options</b><br>Dr. Patrick Chin                       |
| 10:15 | <b>Q &amp; A</b>   | 12:20 | <b>Q &amp; A</b>   |
| 10:25 | <b>Break</b>   | 12:30 | <b>Lunch</b>   |

## Afternoon Session

### Natural History of Premature Hip Arthropathy

*Moderator: Clyde Smith*

- |       |   |       |  |
|-------|---|-------|--|
| 13:30 | <b>Introduction and case history</b>  | 15:20 | <b>Post-op rehabilitation</b><br>Ron Mattison          |
| 13:35 | <b>Presentation of hip joint pain in young athletes</b><br>Dr. Mike Gilbert               | 15:30 | <b>Q &amp; A</b>                                       |
| 13:55 | <b>Imaging the hip in young athletes</b><br>Dr. Bruce Forster                             | 15:40 | <b>Arthroplasty for hip OA</b><br>Dr. Nelson Greidanus |
| 14:10 | <b>Rehab approaches for the stiff, painful hip</b><br>Chuck Ratzlaff                      | 16:10 | <b>Post-arthroplasty rehabilitation</b><br>Clyde Smith |
| 14:35 | <b>Q &amp; A</b>  | 16:20 | <b>Q &amp; A</b>                                       |
| 14:45 | <b>Break</b>  | 16:30 | <b>Closing Remarks</b>                                 |
| 15:00 | <b>Surgical approaches to the painful stiff hip in young athletes</b><br>Dr. Mike Gilbert |       |  |



## COURSE FACULTY

**Patrick Chin** | MD, FRCS(C), MBA, DipSportMed (CASM)  
Clinical Assistant Professor, UBC Dept. of Orthopaedics;  
Orthopaedic Surgeon, Joint Preservation Centre of BC, UBC

**Bruce Clark** | PT  
Physiotherapist, The Laurel Rheumatology Group, Vancouver

**Patrick Dessaulles** | PT  
Physiotherapist, AMSMC @ The Plaza

**Bruce Forster** | MD, MSc, FRCP(C)  
Professor & Vice Chair, UBC Dept. of Radiology; Associate  
Member, UBC Dept. of Family Practice AMSMC; Musculoskeletal  
Radiologist UBC Hospital; Imaging Manager Vancouver 2010

**Scott Fraser** | PT  
Physiotherapist War Memorial Site AMSMC; Coordinator  
UBC Varsity Trainer Services; Consultant National Field  
Hockey Team

**Mike Gilbert** | MD, FRCP(C)  
Clinical Assistant Professor, UBC Dept. of Orthopaedics;  
Orthopaedic Surgeon, Joint Preservation Centre of BC, UBC

**Nelson Greidanus** | MD, FRCS(C), MPH, PhD(C)  
Clinical Assistant Professor, UBC Dept. of Orthopaedics;  
Orthopaedic Surgeon, VGH

**Simon Horlick** | MD, FRCP(C)  
Clinical Assistant Professor, UBC Dept. of Orthopaedics;  
Orthopaedic Surgeon, Joint Preservation Centre of BC, UBC

**Garth Hunte** | MD, MSc, CCFP, CCFP(EM),  
FCFP DipSportMed (CASM)  
Clinical Associate Professor UBC Dept. of Family Practice;  
Physician, Dept. of Emergency Medicine, St. Paul's Hospital

**Rob Lloyd-Smith** | MD  
Clinical Professor, UBC Dept. of Family Practice; Physician  
AMSMC and UBC Student Health Service; Physician,  
UBC Varsity Sports

**Ron Mattison** | PT  
Physiotherapist AMSMC; Consultant to UBC Varsity Athletes;  
Consultant Canadian National Swim Centre, Performance  
Enhancement Team

**Navin Prasad** | MD  
Clinical Assistant Professor, UBC Dept. of Family Practice;  
Physician AMSMC; Physician BC Lions

**Chuck Ratzlaff** | PhD(C), PT, FCAMT  
Physiotherapist, Centre for Hip Health and Mobility; UBC Faculty  
of Medicine, Population and Public Health

**Clyde Smith** | PT  
Physiotherapist, AMSMC @ The Plaza

**Jack Taunton** | MD, MSc, FACS, DipSportMed (CASM)  
Professor UBC Dept. of Family Practice and School of Human  
Kinetics; Physician AMSMC; Chief Medical Officer Vancouver 2010

**Thomas Tran** | PT  
Physiotherapist, AMSMC @ The Plaza

### Course Planning Committee from Allan McGavin Sports Medicine Centre

Michael Koehle, MD  
Rob Lloyd-Smith, MD  
Ron Mattison, PT  
Nancy McLaren, Administrator  
Navin Prasad, MD

# OUR SPONSORS

## PRESENTING SPONSORS



### EXHIBITORS *(at the time of printing)*

Breg / Procere Medical  
Genzyme Canada  
Kintec Foot Labs  
Ossur  
Paris Orthotics / Sport Med  
Pfizer Canada Inc.

### LOCATION

Vancouver Convention Centre  
(East Building)  
999 Canada Place  
Vancouver, BC V6C 3C1

### CANCELLATION POLICY

Cancellations received in writing by October 1, 2009 will receive a refund less a \$75 processing fee. No refunds after October 1, 2009. Substitutions received in writing will be honoured.

For more information please contact:  
Portfolio Conference Planning  
1383 Homer Street  
Vancouver, BC V6B 5M9  
Tel: 604-685-4888 Fax: 604-685-5787  
Email: [registration@portfolio-inc.com](mailto:registration@portfolio-inc.com)  
[www.ubcsportsmedicine.ca](http://www.ubcsportsmedicine.ca)

### COURSE FEES

Before October 1, 2009	\$350
October 1 to November 15, 2009	\$399

### NOTE

*Advanced registration is required.  
Space is limited.*

### Registration deadline is November 15, 2009.

No on-site registrations. Fees include morning coffee, refreshment breaks and light buffet lunch.

# REGISTRATION FORM

## Allan McGavin Sports Medicine CME Course

Recent Advances in Clinical Sports Medicine: Knee and Hip

**Date** Saturday, November 21, 2009

**Venue** Vancouver Convention Centre (East Building)  
999 Canada Place, Vancouver, BC V6C 3C1



**Title**  Dr.  Ms.  Mr.  Mrs.

**Name** \_\_\_\_\_  
FIRST NAME MIDDLE INITIAL LAST NAME

**Address** \_\_\_\_\_  
NUMBER AND STREET CITY/PROVINCE POSTAL CODE

**Tel** \_\_\_\_\_ **Fax** \_\_\_\_\_ **Email** \_\_\_\_\_

**I am a**  Physician  Specialist  Physiotherapist  Other \_\_\_\_\_

**Special requests** (Vegetarian lunch options will be available) \_\_\_\_\_

## FEES

### Registration Fees

Once registration and payment are received, a confirmation and receipt will be forwarded to you.

The confirmation package will include a parking area map.

### Note

Registration deadline is November 15, 2009. **Space is limited.**  
No on-site registrations. Fees include morning coffee, refreshment breaks and light buffet lunch.

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Before October 1, 2009  \$350

October 1 to November 15, 2009  \$399

## PAYMENT

### Payment Options

Visa  Mastercard  Cheque enclosed payable to 'Allan McGavin Sports Medicine Clinic'

**Amount authorized \$** \_\_\_\_\_ **Card number** \_\_\_\_\_

**Expiry date** \_\_\_\_ / \_\_\_\_ **Name** \_\_\_\_\_ **Signature** \_\_\_\_\_

## SEND YOUR REGISTRATION TO

**By fax** (604) 685-5787

**By mail** Allan McGavin Sports Medicine CME  
c/o Portfolio Conference Planning  
1383 Homer Street, Vancouver, BC V6B 5M9  
Tel: (604) 685-4888

**Online** [www.ubcsportsmedicine.ca](http://www.ubcsportsmedicine.ca)  
To download a pdf file for registering by fax or mail.

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